
BOLDO LEAVES



DESCRIPTION

Boldo or Peumus Boldo

Boldo is a monotype species of the Peumus genre, endemic tree originative of Chile, grows from the south to the central zone. The tree is about 7 meters high, and its leaves have a strong vegetal aroma which is used for medicinal and culinary purposes specially in Latin America. Widely used for the treatment of digestive disorders affecting the gallbladder, bile ducts, liver and pancreas.

Components: Essential oils (with ascaridol, eucalyptus and p-cymol), various alkaloids (boldine and others). The maximum humidity content allowed for export Boldo leaf is 14%.

BENEFITS

Boldo is highly valued for its medicinal properties since before the Spanish conquest, widely used by indigenous *Mapuches*, but it was only until the beginning of last century that it received attention from naturalists and scientists worldwide. It is the most widespread Chilean medicinal species due to the extensive scientific evidence of its benefits and is part of pharmacopeas around the world.

- **Product Name:** Dried Boldo leaves
 - **Common Names:** Peta, Voldu, Boldu
 - **Scientific name:** Peumus Boldus
 - **Cultivation:** Wild
 - **Dehydrated:** Shaded
 - **Harvest Date:** December through March
 - **Harvest:** By hand
 - **Formats:** Whole leaves, Pressed leaves and Tea cut
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